

SOAP Example

Date: 4-14-23

Passage: Luke 8:22-25

Scripture:

8:24 The disciples went and woke him, saying, "Master, Master, we're going to drown!" He got up and rebuked the wind and the raging waters; the storm subsided, and all was calm.

Observations

These can be done in bullet form:

- A storm can strike at any moment.
- All of us are scared of some type of storm.
- When we are afraid we need to take our fears to Jesus.
- Jesus is more powerful than the storms we face.
- Jesus can calm our storms.
- We need to have more faith in Jesus than we do fear of the storms in our life.
- The disciples were amazed at Jesus' power.
- The disciples didn't fully understand who Jesus was.

Or as a narrative:

I can choose to let the storms of life make me feel fear or I can learn to give them to Jesus and trust him to take care of me. There is not a storm I am ever going to face in my life that is too big for Jesus. It is not good for me to spend my time and energy being fearful of things that I cannot control when I could choose to trust Jesus instead.

Application

My first instinct should be to go to Jesus with every problem I face.

I will pray whenever a new problem comes up.

I will begin trusting Jesus more than fearing the storms in my life.

I will not let fear stop me from taking my next step.

Prayer

Father, I want my first response in every situation to be to seek you. If I could learn to do this instinctively, there is nothing I would fear and nothing you could not choose to do in my life. I want my life to be more directed by my faith in you than by fear. Help me to remember to bring every problem to you right away. I know that you are bigger than any problem I face. I trust you with my life.